

Lady of the Sea General Hospital

Feb 18th – Feb 22nd



Café Classics

Monday

Maple Glazed Pork Loin

Signature Macaroni and Cheese
Grilled Asparagus

Tuesday

Bacon Wrapped Meatloaf

Mashed Potatoes and Gravy
Lima Beans

Wednesday

Creamy Pasta Alfredo with Blackened Chicken

Steamed Broccoli
French Bread

Thursday

BBQ Ribs Smoked Sausage

Baked Beans
Skillet Corn
Garlic Bread

Friday

Fried Catfish Grilled Catfish

Coleslaw
French Fries
Fresh Green Beans
Hushpuppies

Grille Feature

Monday

Ham and Cheese Po'boy

Tuesday

Chicken Salad

Wednesday

Chicken Quesadilla

Thursday

Stuffed Baker- Ham & Cheese

Friday

Turkey Club

Daily

Hand Breaded Chicken Strips

Hamburger

Cheeseburger

Bacon Cheeseburger

Grilled Cheese

BLT

Grilled Chicken Sandwich

French Fries

Sweet Potato Fries

Breakfast

Eggs

Bacon and Sausage

Biscuits and Pastries

Fresh Fruit and Yogurt Bar

Fresh Brewed Coffee

Bagels

Fresh fruit and yogurt are
available at breakfast each
morning

Field of Greens

Fresh greens with a variety of
vegetables and dressings

Salad Feature

Monday

Spinach with Apple and Pecan

Tuesday

Chef Salad

Wednesday

Southwest Chicken Salad

Thursday

Shrimp Cobb Salad

Friday

BLT Chopped Salad

Hours of Operation

Breakfast

7 am – 9 am

Lunch

11 am – 1:00 pm